
ONE FROM THE HEART

The Power of Meeting Jesus

Introduction

Do you feel unqualified or unprepared for what God calls us to do?

That can stop us from allowing the Lord to work through us.

Yet, meeting Jesus changed everything in our lives, but how powerful is this moment truly?

Let's find out.

Demonic Man Set Free - Mark 5:1-20

The story of the demonic man who Jesus meets and set free.

Jesus is thrown out of the area.

Yet He leaves the unnamed man behind to tell everyone what the Lord has done for him.

He has nothing but his testimony, but this is enough for Jesus.

Sick Woman Healed - Mark 5:24-34

Another unnamed person, this time a sick woman, seeks healing from Jesus in the middle of the crowd by touching His robe.

Jesus, not content with her being healed, meets her face to face, calling her daughter and declaring that her faith healed her.

Not only was this unnamed woman healed, but she was allowed back into society. She was named a daughter, not an outcast, and made whole.

This was an incredibly powerful encounter with Jesus.

Our Encounter with Jesus Brings Life

This is the power of meeting Jesus - that He may see us, know us and He brings us to life.

We are made whole, restored and become qualified by what Jesus has done in and through our lives. That is the power of meeting Jesus.

We are made Sons and Daughters by Jesus. He takes our brokenness and sin, the things that make us not enough, and He restores us.

That is what happens when we meet Jesus.

Entire Regions Changed - Mark 6:54-56

Jesus returns to the region where He had an encounter with the demonic man.

He was kicked out of this area but now, because of this man, He is not only allowed in but large crowds flock to Him.

The power of one man encountering Jesus and telling people what Jesus had done helped change a region.

The story of the bleeding woman had also been shared and people were bringing the sick to Jesus so that they could just touch His robe.

Two unnamed people change an entire region and allow Jesus to minister in a Gentile region. Just from their stories - nothing more.

The next time Jesus visits this region is for the feeding of the four thousand.

Our Story has More Power Than we Think

We don't realise how much power there is in our stories of meeting Jesus.

The power of meeting Jesus, the power of what He has done in our lives, can change entire rooms. It can change entire cities and nations, not because we are qualified, but because He is.

As we submit to Him, not allowing fear to rule our lives, the story of how we have met and come into relationship with Jesus will shine through and is more than enough.

Being raised from death to life is the most powerful story ever told and it's our story.

Two unnamed sick people changed an entire region. Imagine what He can do through our stories. All we have to do is share it.

Discussion Questions:

1. Are there times in your life when what the Lord has placed you into feels more than you are capable of?

2. How well do you know your own story of meeting Jesus?

3. Do you see it as a story that the Lord can work through, or do you feel like you diminish your encounter with Jesus?

4. How does the story of the demonic man and bleeding woman encourage you about what Jesus can do through your life?

5. Jesus turned and faced the bleeding woman. In your own life, how has Jesus encountered you?

6. How can Mark chapter 5 empower and encourage you to share your testimony of meeting Jesus?